

## New to air travel? Haven't flown in a while? Here are some tips!

### AIRLINES

- Preregister with the airline if you need assistance in the airport with a wheelchair, transport etc. We can do this for you! Just let us know!
- Download the app for the airline you are flying with. Some will allow you to track your bags, change your seats, or even change your flights. You can even scan your boarding pass right from the app.
- Tell a flight attendant that it's your first time flying or that you are nervous. He/she might check in on you throughout the flight to see how you're doing.
- Know the difference between: checked bags, carry on bags, and a personal item. Know what is included in your ticket price.
- Weigh checked bags at home so it isn't a costly surprise at the airport.
- Make your luggage easily identifiable with a ribbon or a flash of color. Always use luggage tags. Make sure your bags are YOUR bags when you get them at baggage claim after the flight by verifying luggage tags.

### AIRPORT

- Get to the airport 2-3 hours early.
- Always check the monitors for gate changes, delays or cancelations. These can happen frequently.
- You can check strollers at the gate to be returned to you at your layover.
- You can bring car seats onboard the airplane as long as they are FAA approved.
- Wait for your boarding group to be called before approaching the gate. Don't hang around the gate entrance and block others. Everyone will get on the plane!
- Bring a sweater, even in summer. Airports and airplanes can get cold!
- Hydrate well, but buy your water once you are past security. Or, carry an empty water bottle or tumbler to refill. You cannot take bottles of water or soda through security.
- Pack snacks as they are much more expensive at the airport, but don't pack smelly onions, tuna, etc. Your fellow passengers thank you in advance!



## ON THE PLANE

- Dress comfortably. When going to other climates, dress in layers.
- Bring a small pack of wipes to clean your seat, seat back, tray table etc. Planes are very germey.
- Bring small toys (without sound) for kids.
- Bring headphones for everyone!
- Prepare a small bag you can keep at your seat back. An eye mask, travel pillow, ear buds/plugs, lip balm, e-reader/book, medication, hand wipes -- any thing you think you might need during a flight.
- Try not to use the bathroom or get in the aisle when the flight attendants are serving meals, snacks or beverages.
- If you have to get up frequently, book an aisle seat.
- Do not plan to switch seats with another passenger. Book the seat you want.
- Be mindful of alcohol consumption. You will become dehydrated much quicker at high altitudes.
- Do not wear perfumes or use any essences that might be harmful to other passengers.

## SECURITY

- If you are bringing a laptop and a 311 bag, be sure you can easily pull them out of your carry on when you are going through security.
- Be prepared for security; wear shoes that come off easily, no metal in pockets, no liquids over 3.4 oz. etc.
- Liquids must be smaller than 3.4 oz and in a quart size clear bag.
- When going through security, you should have no metal on your person to expedite the process. If you have metal implants, pacemaker etc., inform the TSA agent immediately after placing your belongings on the conveyor belt. They will do an alternative scan for you.



### Sources

The experienced travel professionals @ Outlander Travel, LLC

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